



THE SOLWAY YACHT CLUB
RNLI REGATTA AND KIPPFORD WEEK 2016
FLYING FIFTEENS



SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2013 - 2016, the prescriptions of the RYA, the appropriate Class Rules and those Sailing Instructions. Where conflict occurs, these Sailing Instructions shall take precedence.
- 1.2 Each competing boat must hold 3rd party insurance to the value of £3,000,000.

2 NOT USED (numbers not used are to maintain compatibility with the cruiser SIs)

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board in the SYC Clubhouse (to the left of the door into the Race Office)

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the official notice board by turn-up time on the day it will take effect except that any change to the schedule of races will be posted by 2000 BST on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagstaff at the end of the SYC Pier.
- 5.2 Flag AP with 2 sound signals when hoisted indicates that the first race of the day is postponed. When it is lowered with 1 sound signal, the Warning Signal for the first race of the day will be made in not more than 45 minutes.
- 5.3 Flag N indicates that all racing is cancelled for the day.

6 SCHEDULE OF RACES

- 6.1 Races are scheduled as follows (BST):

Date	HW	Warning Signal First Race	Warning Signal Subsequent Race	Race
Mon 01 Aug	11:20	09:50	TBA	Day 1
Tue 02 Aug	12:10	10:40	TBA	Day 2
Wed 03 Aug	12:50	11:20	TBA	Day 3
Thu 04 Aug	13:30	12:00	TBA	Day 4
Fri 05 Aug	14:10	12:40	TBA	Day 5
Sat 06 Aug	14:40	13:10	TBA	RNLI Regatta

- 6.2 There will normally be two races per day but, depending on conditions, one longer race may be substituted.
- 6.3 On Saturday 06 Aug 2016, no warning signal will be made after 15:00.

7 CLASS FLAG

- 7.1 The class flag will be as follows:

F15 Flag F (Red diamond in White background)
CHCP1 Flag T (Red/White/Blue vertical stripes)
CHCP2 Flag D (Yellow/Blue/Yellow horizontally – if required)

8 NOT USED

9 RACING AREA

- 9.1 The racing area will be as shown in Appendix A. Not all marks will be laid.

10 THE COURSES

- 10.1 Courses will be set within the race area identified in Appendix A and displayed on the committee boat with a red background indicating that a mark is to be rounded to port and green to starboard.
- 10.2 A race will at most consist of six rounds of the set course. It may be shortened in one of two ways:
- The committee boat will fly flag S together with the class flag(s) of the class(es) affected. Two sound signals will be made as the leading boat in class approaches the finishing line.
 - Flag S, together with the flag(s) of the class(es) affected may be flown from a support boat positioned adjacent to a mark of the course. The classes indicated will finish the race between that mark and the



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support boat which will be positioned so that crossing this finishing line allows the mark to be rounded on the required hand. Two sound signals will be given as the leading boat in each class approaches.

10.3 Boats must pass through the Starting Line at the start of each round of the course.

11 MARKS

11.1 Marks consist of SYC fixed and movable orange, yellow and red mark buoys and Hestan Island. The approximate positions of the SYC fixed buoys are shown on the SYC Course Chart at Appendix A. Not all marks will be laid.

11.2 Hestan Island may be treated as a mark of the course. This will be signified by showing mark H on the Committee Boat. The island will be rounded in the direction shown as per 10.1.

12 AREAS THAT ARE OBSTRUCTIONS

12.1 The locations of these obstructions are shown in Appendix A.

12.1.1 Almorness Fishing Nets : Boats must at all times pass to the east of southernmost red port channel marker which lies about 25 metres southwest of the outermost post of the nets.

12.1.2 Rough Island : Rough Island must not be passed on its eastern side.

12.1.3 Rough Island (Spring Stones Reef): Boats must, at all times, pass to the south of Spring Stones Rocks at the southern end of Rough Island. The rocks will be marked by a temporary buoy which will be described at the briefing.

12.1.4 Robin Rigg Windfarm : Boats must comply with current regulations relating to navigation in the vicinity of the Robin Rigg Windfarm (not shown in Appendix A).

13 THE START

13.1 Races will be started in classes using RRS Rule 26 with the warning for each class given 5 minutes before the Starting Signal.

13.2 Classes will normally start in the order F15, CHCP1 then CHCP2 (if used). The start sequences will normally be such that the warning signal for each class (other than the first) will coincide with the start of the previous class. This may not always be the case and competitors should always observe the flags being displayed.

13.3 The Starting Line will be between the main mast of the Committee boat displaying an orange flag and an orange outer distance mark in the form of a danbuoy with an orange flag. An inner distance mark may be laid adjacent to the Committee Boat and boats shall not pass between this mark and the Committee Boat.

13.4 Individual and general recalls will be made in accordance with RRS Rule 29. In the case of a general recall, the class concerned will then be the last start.

13.5 If Flag U has been displayed as the preparatory signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is disqualified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.

13.6 Boats whose preparatory signal has not been made, shall keep clear of the starting area and of all boats whose preparatory signal has been made. This changes RRS Rule 23.1

13.7 A boat starting later than 4 minutes after her starting signal must wait until the final fleet has cleared the starting area before starting. This changes RRS A4.1

13.8 Minimum Wind Strength. Races will not be started unless the Race Officer is satisfied that the wind strength in the starting area, and to the best of his belief on the rest of the course, is in excess of an average of three knots for a reasonable period before the start.

13.9 The club's start hut may also be used instead of a committee boat. If so, relevant changes to these Sailing Instructions will be posted as per sections 3 and 4 above. Flag L will be displayed.

14 CHANGE OF COURSE AFTER THE START

14.1 Only in exceptional circumstances as a result of a substantial wind shift will courses be changed during a race. An official boat may move a mark and position itself adjacent to it, flying flag C and making repetitive sound signals. This changes RRS Rule 33.

14.2 Notwithstanding Sailing Instructions 14.1 a mark will not be moved if it affects the point of sailing of any competitor during the time it is being moved.

15 NOT USED

16 THE FINISH

16.1 The Finishing Line will be the same as the Starting Line except as in 10.2 above.

16.2 Boats must cross the Finishing Line in the direction of the course from the last mark.

16.3 A Boat that has finished shall then pass completely through the Finishing Line and no part of her shall thereafter again cross the Finishing Line from either direction while other boats, of any class, are still competing in the race. This changes RRS Rule 28.1.

17 PENALTY SYSTEM

17.1 The penalties RRS 44.1 & RRS 44.2 shall apply. RRS 44.3 shall not apply.



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18 TIME LIMITS

- 18.1 The time limit will be at the discretion of the Race Officer but will not normally exceed 2 hours 30 minutes from the starting signal for each class where one race is sailed in a day or 1 hour 15 minutes where two are sailed.
- 18.2 Where one race is sailed in a day, boats failing to finish within 60 minutes after the first boat sails the course and finishes will be scored Did Not Finish. Where two races are sailed, this will be 30 minutes. This changes RRS35 and A4. At the Race Officer's discretion, in same class fleets, positions may be awarded to boats still sailing the course.
- 18.3 If no boat has passed the first mark of the course within 45 minutes the race may be abandoned. Failure to meet this time limit will not be grounds for redress. This changes RRS 62.1 (a).

19 PROTESTS AND REQUESTS FOR REDRESS

- 19.1 Protest forms will be available from the Race Office and must be delivered there within the protest time limit.
- 19.2 For each class, the protest time limit is one hour after the last boat finishes, or where two or more races are to be sailed without coming ashore, within one hour of finishing the last race.
- 19.3 Competitors who are parties to a hearing or named as witnesses will be informed of hearings in which they are involved by notices posted within 30 minutes of the protest time limit or by word of mouth. It shall be the responsibility of competitors to check the notice board for such notices.
- 19.4 On the last day of racing a request for reopening a hearing shall be delivered:
(a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
(b) No later than half an hour after the party requesting reopening was informed of the decision on that day. This changes RRS 66.
- 19.5 If a protest committee awards average points for a series, it should be for the whole series, not races sailed so far.

20 SCORING SYSTEM

- 20.1 The Low Points scoring system of RRS Appendix A will apply, as follows:
1st place = 1 points
2nd place = 2 points
3rd place = 3 points, etc.
- 20.2 Two races are required to be completed to constitute the Kippford Week series.
- 20.3 Discards - boats will exclude their 'worst' results as follows:
Up to 3 races sailed no excluded score
Up to 7 races sailed 1 excluded score
Up to 11 races sailed 2 excluded scores
- 20.4 Series/event tie - if, after discard, two or more boats have the same points total the tie will be broken in accordance with RRS Appendix A8.

21 SAFETY REGULATIONS

- 21.1 Adequate personal buoyancy for crew members shall be worn at all times whilst racing. Neither a wetsuit nor a drysuit constitute adequate personal buoyancy. (Alters RRS 40.1)
- 21.2 A boat that retires from a race shall notify the Committee Boat or an Official Boat as soon as possible.
- 21.3 All boats must carry a painter at least 5 metres long suitable for towing behind a rescue boat.
- 21.4 All boats, where practicable, are encouraged to carry an adequate anchor with at least 10m of suitable anchor warp.

22 REPLACEMENT OF CREW OR EQUIPMENT

- 22.1 For the series of races comprising an event the helm named on the entry form will always be a member of the boats crew. If a different helm completes a race in the same boat then they will be considered a separate entry and their results cannot be combined with another helm's results. However, the registered crew for a specific event may swap with the helm as desired. Crews may be changed during the event from the person named on the entry form provided that they inform the Race Committee. If it is known at the start of an event that you will have to change crew during the event then both crews should be registered on the entry form along with which day(s) they will be sailing.
- 22.2 Distinguishing Numbers. Under exceptional circumstances, the Race Committee may permit a boat to use sails carrying a distinguishing number other than that required by RRS 77 and RRS Appendix G. Such permission will be valid only if sought in writing before use.
- 22.3 Where a hull, spars or sails are damaged to such an extent that they cannot be used in the next race after all reasonable steps are taken to carry out repairs then competitors may change equipment with the prior agreement of the Race Committee.

23 EQUIPMENT AND MEASUREMENT CHECKS

- 23.1 A boat and its equipment may be inspected at any time for compliance with the class rules and these Sailing Instructions. On the water, a boat may be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

24 SUPPORT BOATS

24.1 All boats other than those racing, the Committee Boat or the rescue boats shall stay outside the race area and shall refrain from communicating with competitors from the time of the preparatory signal of the first race until all boats have finished racing for the day.

25 RISK STATEMENT

Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that;

- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event,
- (b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore,
- (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions,
- (d) their boat is in good order, equipped to sail in the event and they are fit to participate,
- (e) the provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities and
- (f) the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

Appendix A

