



SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2013 2016, the prescriptions of the RYA, the appropriate Class Rules and those Sailing Instructions. Where conflict occurs, these Sailing Instructions shall take precedence.
- 1.2 Each competing boat must hold 3rd party insurance to the value of £3,000,000.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board in the SYC Clubhouse (to the left of the door into the Race Office)

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the official notice board by turn-up time on the day it will take effect except that any change to the schedule of races will be posted by 2000 BST on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagstaff at the end of the SYC Pier.
- 4.2 Flag AP with 2 sound signals when hoisted indicates that the first race of the day is postponed. When it is lowered with 1 sound signal, the Warning Signal for the first race of the day will be made in not more than 45 minutes.
- 4.3 Flag N indicates that all racing is cancelled for the day.

5. SCHEDULE OF RACES

5.1 Races are scheduled

Date	HW	Warning Signal First Race	Warning Signal Second Race	Race
Mon 01 Aug	11:20	09:50	ТВА	Day 1
Tue 02 Aug	12:10	10:40	ТВА	Day 2
Wed 03 Aug	12:50	11:20	ТВА	Day 3
Thu 04 Aug	13:30	12:00	ТВА	Day 4
Fri 05 Aug	14:10	12:40	ТВА	Day 5
Sat 06 Aug	14:40	13:10	ТВА	RNLI Regatta

Classes will normally start in the following order:

- Handicap 1 (HCP1)
- Handicap 2 (HCP2)
- Handicap 3 (HCP3)

Individual classes identified prior to 27 July 2016 will be given class results. Classes identified after this date will remain part of the handicap classes. The Principal Race Officer will determine which classes sail in which handicap fleet.

- 5.2 The warning signal for a subsequent race will be made as soon as is practicable after the conclusion of the first race. To alert boats that a second race will begin soon, an orange flag will be displayed for at least 4 minutes before a warning signal is displayed.
- 5.3 On Saturday 06 Aug 2016, no warning signal will be made after 15:00.

6. CLASS FLAGS

6.1 The class flags will be as follows:

HCP 1 Flag D (Blue/Yellow/Blue horizontally)

- HCP 2 Flag T (Red/White/Blue vertically)
- HCP 3 Flag E (Blue/Red horizontally)

Additional class flags may be notified ashore if other individual classes are identified as per 5 above.

7. RACING AREA

7.1 The racing area is shown in Appendix A.





8. THE COURSES

- 8.1 Courses will be set within the race area identified in Appendix A and displayed on the committee boat with a red background indicating that a mark is to be rounded to port and green to starboard.
- 8.2 A race will at most consist of six rounds of the set course. It may be shortened in one of two ways.
 - a) The committee boat will fly flag S together with the class flag(s) of the class(es) affected. Two sound signals will be made as the leading boat in class approaches the finishing line.
 - b) Flag S, together with the flag(s) of the classes affected may be flown from a support boat positioned adjacent to a mark of the course. The classes indicated will finish the race between that mark and the support boat which will be positioned so that crossing this finishing line allows the mark to be rounded on the required hand. Two sound signals will be given as the leading boat in each class approaches.
- 8.3 Boats must pass through the Starting Line at the start of each round of the course.

9. MARKS

9.1 Marks consist of SYC fixed and movable orange, yellow and red mark buoys and Hestan Island. The approximate positions of the SYC fixed buoys are shown on the SYC Course Chart at Appendix A. Not all marks will necessarily be laid.

10. AREAS THAT ARE OBSTRUCTIONS

- 10.1 The locations of these obstructions are shown in Appendix A.
- 10.1.1 Almorness Fishing Nets: Boats must at all times pass to the East of southernmost red port channel marker, which lies approximately 25 metres southwest of the outermost post of the nets.
- 10.1.2 Rough Island: Rough Island must not be passed on its eastern side.
- 10.1.3 Rough Island (Spring Stones Reef): Boats must at all times pass to the south of Spring Stones Reef at the southern end of Rough Island. The Reef will be marked by a temporary buoy which will be described at the briefing.

11. THE START

- 11.1 Races will be started in classes using RRS Rule 26 with the warning for each class given 5 minutes before the Starting Signal.
- 11.2 Classes will normally start in the order Handicap 1, Handicap 2, Handicap 3 but competitors should observe the class flags displayed.
- 11.3 The Starting Line will be between the main mast of the Committee boat displaying an orange flag and an orange outer distance mark. An inner distance mark may be laid adjacent to the Committee Boat and boats shall not pass between this mark and the Committee Boat. Be aware that the Committee Boat may well have a mooring line astern of her.
- 11.4 Individual and general recalls will be made in accordance with RRS Rule 29.
- 11.5 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made. This changes RRS Rule 23.1
- 11.6 If Flag U has been displayed as the preparatory signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is disqualified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.
- 11.7 A boat starting later than 4 minutes after her starting signal may be scored Did Not Start without a hearing. This changes RRS A4.
- 11.8 Minimum Wind Strength. Races will not be started unless the Principal Race Officer is satisfied that the wind strength in the starting area, and to the best of his belief on the rest of the course, is in excess of an average of three knots for a reasonable period before the start.
- 11.9 The club's start hut may also be used instead of a committee boat. If so, relevant changes to these Sailing Instructions will be posted as per sections 3 and 4 above. Flag L will be displayed.

12. CHANGE OF COURSE AFTER THE START

- 12.1 Only in exceptional circumstances as a result of a substantial wind shift will courses be changed during a race. An official boat may move a mark and position itself adjacent to it, flying flag C and making repetitive sound signals. This changes RRS Rule 33.
- 12.2 Notwithstanding Sailing Instructions 12.1 a mark will not be moved if it affects the point of sailing of any competitor during the time it is being moved.

13. THE FINISH

- 13.1 Other than as provided for in 8.2(b) above, the Finishing Line will be the same as the Starting Line
- 13.2 Boats must cross the Finishing Line in the direction of the course from the last mark.
- 13.3 A Boat that has finished shall then pass completely through the Finish Line and no part of her shall thereafter again





cross the Finish Line from either direction. This changes RRS Rule 28.1.

14. PENALTY SYSTEM

14.1 The penalties RRS 44.1 & RRS 44.2 shall apply. RRS 44.3 shall not apply.

15. TIME LIMITS

- 15.1 The time limit will be at the discretion of the Principal Race Officer but will not normally exceed 2 hours 30 minutes from the starting signal for each class where one race is sailed in a day or 1 hour 15 minutes where two are sailed.
- 15.2 Where one race is sailed in a day, boats failing to finish within 60 minutes after the first boat sails the course and finishes will be scored Did Not Finish. Where two races are sailed, this will be 30 minutes. This changes RRS35 and A4. At the Principal Race Officer's discretion, in same class fleets, positions may be awarded to boats still sailing the course.
- 15.3 If no boat has passed the first mark of the course within 45 minutes the race may be abandoned. Failure to meet this time limit will not be grounds for redress. This changes RRS 62.1 (a).

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms will be available from the Race Office and must be delivered there within the protest time limit.
- 16.2 For each class, the protest time limit is one hour after the last boat finishes, or where two or more races are to be sailed without coming ashore, within one hour of finishing the last race.
- 16.3 Competitors who are parties to a hearing or named as witnesses will be informed of hearings in which they are involved by notices posted within 30 minutes of the protest time limit or by word of mouth. It shall be the responsibility of competitors to check the notice board for such notices.
- 16.4 On the last day of racing a request for reopening a hearing shall be delivered:
 - (a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - (b) No later than half an hour after the party requesting reopening was informed of the decision on that day. This changes RRS 66.
- 16.5 If a protest committee awards average points for a series, it will be for the whole series, not races sailed so far.

17. SCORING SYSTEM

17.1 The Low Points scoring system of RRS Appendix A will apply, as follows:

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1^{st} place = 1 p	oints
2^{nd} place = 2 p	oints
3 rd place = 3 p	oints, etc.

- 17.2 Two races are required to be completed to constitute the Kippford Week series.
- 17.3 Discards Boats will exclude their 'worst' results as follows:

Up to	3 races sailed	no excluded score
Up to	7 races sailed	1 excluded score
Up to	11 races sailed	2 excluded scores

17.4 Series/event tie

If, after discard, two or more boats have the same points total the tie will be broken in accordance with RRS Appendix A8.

18 SAFETY REGULATIONS

- 18.1 Adequate personal buoyancy for crew members shall be worn at all times whilst racing. Neither a wetsuit nor a drysuit constitute adequate personal buoyancy. (Alters RRS 40.1)
- 18.2 A boat that retires from a race shall notify the Committee Boat or an Official Boat as soon as possible.
- 18.3 All boats must carry a painter at least 5 metres long suitable for towing behind a rescue boat.
- 18.4 All boats where practicable are encouraged to carry an adequate anchor with at least 10m of suitable anchor warp.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 For the series of races comprising an event the helm named on the entry form will always be a member of the boat's crew. If a different helm completes a race in the same boat then they will be considered a separate entry and their results cannot be combined with another helm's results. However, the registered crew for a specific event may swap with the helm as desired. Crews may be changed during the event from the person named on the entry form provided that they inform the Race Committee. If it is known at the start of an event that there will be a change of crew during the event then both crews should be registered on the entry form along with which day(s) they will be sailing.
- 19.2 Distinguishing Numbers. Under exceptional circumstances, the Race Committee may permit a boat to use sails carrying a distinguishing number other than that required by RRS 77 and RRS Appendix G. Such permission is only valid if sought in writing before use.





19.3 If a hull, spars or sails are damaged to such an extent that they cannot be used in the next race after all reasonable steps are taken to carry out repairs, competitors may change equipment with the prior agreement of the Race Committee.

20 EQUIPMENT AND MEASUREMENT CHECKS

20.1 Measurement / Checking

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

20.2 Class Conformity

Every boat shall comply with the current relevant class rules. Failure to do so may result in disqualification without a hearing. The changes RRS 63.1.

21 SUPPORT BOATS

21.1 All boats other than those racing, the Committee Boat or the rescue boats shall stay outside the race area and shall refrain from communicating with competitors from the time of the preparatory signal of the first race until all boats have finished racing for the day.

22 RISK STATEMENT

22.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event,
- b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore,
- c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions,
- d) their boat is in good order, equipped to sail in the event and they are fit to participate,
- e) the provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities and
- f) the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

Appendix A

